

FOUNDATION COURSES

SUNDAY | 4-Weeks | 1.30pm (1.5 hrs)

COMMENCES 13 JULY

YES! SIGN ME UP

https://metrotab.org/icbm/

NAME:

MOBILE NO.:

EMAIL:

TERM 2 Courses

- ☐ WALK THROUGH THE OLD TESTAMENT (FAMILY COURSE)
- ☐ CHILDREN MINISTRY
- ☐ JOURNEY THROUGH THE BOOK OF PROVERBS (ONLINE)
- □ NEW VICTORY FOUNDATION 2
- ☐ KNOW WHAT YOU BELIEVE
- ☐ TEEN STEP-UP 2

NEW VICTORY Foundation 2

Discover the keys to personal victory and a life of freedom. Learn how to be victorious through the Word and the power of God that is at work in you.

KNOW WHAT YOU BELIEVE

Who am I and why am I here? What is God's purpose for my life and what are the unchanging truths I can live by? You need to find answers to these fundamental questions to live a purposeful and meaningful life. When you know what you believe and believe what you know, your life will be transformed.

This course is compulsory for those preparing for Water Baptism. (This course is 2hrs per class)

TEEN STEP-UP 2

Specially designed for our young teens (13-14 years old). This course helps you to begin/strengthen your identity and spiritual walk in Christ.

TOPICS INCLUDE:

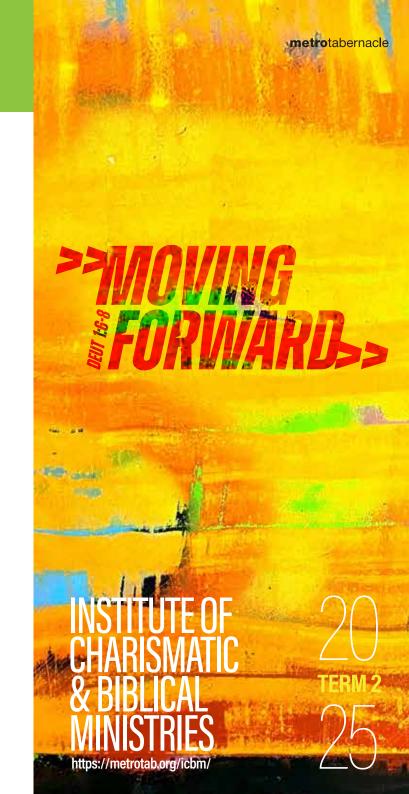
- o Special "Niche" (Relationship with God)
- o Dig In (God's Word)
- o Dial/Text up (Prayer & Devotional time)
- o Cool Identity (Water Baptism & Holy Communion)

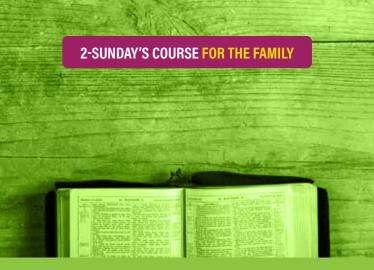












WALK THROUGH THE OLD TESTAMENT

3RD & 10TH AUGUST 2025

SUNDAY | 2-Weeks | 1.00pm (3 hrs)

Are you confused about the Old Testament--what it says, what it means, how to apply it to daily life? You may wonder if it is even relevant today. Others may be overwhelmed by it and don't know how to read it. Would-be Bible readers often guit before they make it all the way through the Old Testament (OT).

Embark on a journey to discover the richness of the OT Scriptures with 'Walk Thru the Bible OT' - a transformative experience that brings the stories, teachings, and history of the Bible to life. Whether you're new to the Bible or a seasoned reader, this seminar offers a unique and engaging way to deepen your understanding and connection to God's Word. Through visuals, hand signs, repetition, listening, writing, group review, and catchy phrases, learning the OT is both fun and effective!

This seminar is an interactive, non-threatening, and highly creative way to learn, ensuring you feel engaged and comfortable throughout.

Children & adults are welcome to join this course.



CHILDREN MINISTRY

SUNDAY | 3-Weeks | 1.30pm (3 hrs)

Children are precious to God. Remember, Jesus said, "Let the little children come to Me". As such, the outreach and growth of children should be our primary focus. In order to continue and expand our Children's Ministry, we need to get equipped quickly with some progressive training.

All aspiring children workers and current teachers and parents will benefit from this.

TOPICS INCLUDE:

- O Cutting Edge Children's Ministry
- O Effective Teacher's Preparation
- O 'Center Based' Learning
- O Large Group Programs
- O Shepherding Children

JOURNEY THROUGH THE BOOK OF PROVERBS



ONLINE STUDY AND DISCUSSION

SATURDAY | 8-Weeks | 2.30pm (1.25 hrs)

King Solomon, who reigned over Israel between 970 and 931 BC, was the main contributor to the book of Proverbs. He was responsible for the long section on wisdom (chapters 1-9) and the pithy proverbs in 10:1-22:16. The proverbs in 22:17-24:34 were adapted from wise men outside Israel. This section is followed by more of Solomon's proverbs (25:1-29:27).

Proverbs' key theme, that "the fear of the Lord is the beginning of knowledge" (1:7; 9:10), reminds us that true knowledge and wisdom can be found only in a relationship of reverence and respect for God. To be truly wise is to revere God and to live according to His Word.

STRUCTURE OF PROVERBS:

1:1-7	Trials, blessings, temptation, religion and wisdom
1:8-9:18	How faith integrates with action
10:1-22:16	How speech and wise living determine the course of our lives
22:17-24:34	A call to be obedient to God, and to turn away from the world
25:1-29:27	Dangers of greed and importance of patience and prayer
30:1-33	Sayings of Agur
31:1-9	Sayings of King Lemuel
31:10-31	The woman of wisdom

This is an 8-weeks course based on the Journey through Proverbs by David Cook. It will prove to be an interesting course with self-reading daily devotional and weekly discussion on it.